

Is your mental health making  
it hard to move forward?



# Community Link Workers

Promoting good mental health through personal development, education and employment.



Our Community Link Workers can see you at your  
GP practice and support you to access services in  
your local area.

For more information:

Pentreath Ltd  
St Ender Barns  
Glebe Farm  
Summercourt  
Newquay  
Cornwall  
TR8 5EE  
01726 862727

[vocational.manager@pentreath.co.uk](mailto:vocational.manager@pentreath.co.uk)

[www.pentreath.co.uk](http://www.pentreath.co.uk)



Kernow Clinical Commissioning Group



Our Community Link Workers will support you to make decisions that will help you move forward.

We will work with you in community settings, usually at your GP surgery on a one-to-one basis, helping you to complete an action plan that will be tailored to your needs and goals.

You will be encouraged to **develop your confidence and self esteem** and your advisor will be able to help you do this in a way that suits you.



Employment Support



Housing Organisation Signposting



In work support



Social Activities



Health Resources



Training and Education



Benefit Advice Services



Volunteer Opportunities



Confidence Building

Alongside these activities your advisor will also be working with you to **develop your employability skills** and help you in your progress towards **paid employment**.

For more information and a referral form please speak to your GP, counsellor or contact:

Vocational Manager 01726 862727

email: [vocational.manager@pentreath.co.uk](mailto:vocational.manager@pentreath.co.uk)



INVESTORS  
IN PEOPLE

